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**FISHING INDUSTRY MEDICAL SCHEME (FISHMED)  
NETWORK LIST (WESTERN CAPE)  
Last updated: 19 February 2009**

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GENERAL PRACTITIONERS											
Area	Doctor's name	Practice number	Telephone	Fax	Cell phone	Physical address	Code	Postal address	Code	E-mail	Dispensing Licence
Athlone	O Brey	1430556	021 633 3029	021 633 3024	082 671 8855	28 Manis Road, Rylands Estate	7764	28 Manis Road, Rylands Estate, Athlone	7764		Yes
Athlone	JE Makan	1413042	021 697 1113	021 697 4602	082 936 0907	9 Belwood Centre, Belgravia Road	7764	PO Box 560, Howard Place	7450	jmak@mweb.co.za	
Belhar	AMV Ahmed	1461974	021 952 2754	021 952 7513	083 723 2933	37 Orgav Street	7493	PO Box 10044, Belhar	7493		Yes
Belhar	E Omar	1501577	021 952 2190	021 952 1708	082 823 6665	23 Chestnut Way	7493	PO Box 38337, Gatesville	7766		Yes
Belhar	N Cader	1468316	021 951 5256	021 951 5668	083 321 2844	Suite 5 Belhar Medical Centre, 70 Belhar Drive	7400	PO Box 408, Kasselsvlei, Nest Cape	7533		Yes
Cape Town	JJ Langeveld	1502751	021 421 7864	021 421 7865		Shop 13, Cape Town Station	8001	Shop 13, Cape Town Station, Cape Town	8001	jjlang@mweb.co.za	Yes
Darling	LF Roets	1561189	022 492 2339	022 492 2305	082 773 7279	1 Arcadia Street, Station Building	7345	PO Box 130, Darling	7345	drroets@lando.co.za	Yes
Delft	BD Bouwer	1424688	021 954 2277	021 954 2020	082 375 5465	Cnr Knorhoek & Voorbrug Road, Voorbrug	7100	PO Box 197, Blackheath	7581	tiban@mweb.co.za	Yes
Elsies River	A Paruk	1431374	021 931 2520	021 931 2520	082 631 6677	Cnr Connaught Road & Balvenie Avenue	7490	Cnr Connaught Road & Balvenie Avenue, Elsie River	7490		Yes
Elsies River	B Rothman	99384	021 932 6122	021 932 4289	083 287 6964	Cnr Halt & Thirty-fifth Avenue	7490	Cnr Halt & Thirty-fifth Avenue, Elsie River	7490	docternice@mweb.co.za	Yes
Elsies River	G Mohamed	1425560	021 931 4243	021 931 4243	082 979 2077	354 Halt Road	7490	PO Box 1366, Sea Point	8060	gmohamed@medi.co.za	Yes
Elsies River	MA Kamedien	1420593	021 931 0231	021 933 2369	083 289 2983	369 Halt Road	7490	PO Box 64, Matroosfontein	7489	ardiel.surgery@absamail.co.za	Yes
Elsies River	Moosa & Kamadien	1420593	021 931 0231	021 933 2369	083 289 2983	367 Halt Road	7490	367 Halt Road, Elsie River	7490		Yes
Elsies River	MS Ismail	1438352	021 931 1392	021 933 6793	082 567 8754	472 Halt Road	7490	PO Box 38383, Gatesville	7766	zeneqa@mweb.co.za	Yes
Elsies River	R Gool	1450069	021 932 1355	021 931 7754	082 379 1978	Parkdale Centre	7490	Parkdale Centre, Elsie River	7490	rhodyg@mweb.co.za	Yes
Elsies River	SA Kagee	1495798	021 931 1391	021 933 6743	082 441 6499	472 Halt Road	7490	PO Box 153, Gatesville	7766	shasha@kingsley.co.za	Yes
Elsies River	AR Ashtiker	1488805	021 931 6236	021 931 6221	083 548 1013	Cnr Twenty-second Avenue & Norwood Road	7493	PO Box 105, Matroosfontein	7473	ameera22m@yahoo.com	Yes
Elsies River	S Parker	1475711	021 931 1391	021 933 6793	082 567 8938	Dee Bee Centre 472 Halt Road	7490	PO Box 39213, Lansdowne	7779	shasha@kingsley.co.za	
Gansbaai	MF Barnard, J Fourie, PA Smuts	180548	028 384 1165	028 384 0122		55 Main Road	7220	PO Box 9, Gansbaai	7220	gannsmed@telkomsa.net	No
Gatesville	AA Ebrahim	1479857	021 397 1715	021 397 5364	082 553 0298		7766	PO Box 154, Gatesville	7766	dracruz@mweb.co.za	Yes

**GENERAL PRACTITIONERS (continued)**

Area	Doctor's name	Practice number	Telephone	Fax	Cell phone	Physical address	Code	Postal address	Code	E-mail	Dispensing licence
Grassy Park	D Kathan	158941	021 705 8966	021 705 3298		96 Klip Road	7945	PO Box 263, Grassy Park	7888		Yes
Grassy Park	MAC Zalgaonkir	1505521	021 705 5133	021 705 5133		Shop 1 Victoria Building, Victoria Road	7941	PO Box 31321, Grassy Park	7888		Yes
Gugulethu	NB Mabentsela	1558641	021 699 1605	021 699 1605	082 631 7005	Shop 3, NY1 Shopping Centre	7750	PO Box 2371, Clareinch	7740	ntobekom@mweb.co.za	Yes
Hanover Park	MO Valley	1566881	021 691 2087	021 691 7902		5 Nazli Centre	7780	PO Box 30, Hanover Park	7780	medx272@iafrica.com	Yes
Hanover Park	NA Parker	1428888	021 692 1380	021 633 2837		Room 18 Hanover Park Town Centre, Surran Road	7780	23 Duine Road, Rylands Estate	7764		Yes
Hanover Park	NA Parker	1428888	021 692 1380	021 633 2837	076 025 6626	Surran Road, Hanover Park Town Centre	7780	23 Duine Road, Rylands Estate	7764		
Heideveld	R Lalkhen	1428888	021 637 1660	021 633 2837	076 025 6626	Cnr Ascension & Heideveld Road	7780	23 Duine Road, Rylands Estate	7764		
Hout Bay	N Khan	55689	021 790 2340	021 790 2340		30 Marlin Crescent, Harbour Heights	7806	PO Box 245, Gatesville	7766	nazly@tiscali.co.za	
Hout Bay	O Omar	40304	021 790 2340	021 790 2340		30 Marlin Crescent, Harbour Heights	7806	PO Box 245, Gatesville	7766	omar@tiscali.co.za	
Kensington	MA Rawoot	58602	021 593 7000	021 593 7200	083 445 3438	129 Tenth Avenue	7405	PO Box 90, Lansdowne	7779	ar1@mweb.co.za	Yes
Kensington	KA Sattar	1446266	021 593 9786	021 593 9786		145 Tenth Avenue	7405	145 Tenth Avenue	7405		Yes
Khayelitsha	PG Phakathi	1534203	021 361 5301	021 361 0905	084 705 4635	Shop 4, Sulani Drive, Centre Nonkqubela	7784	PO Box 1571, Bellville	7535		Yes
Khayelitsha	PS Mawisa	1551566	021 361 6255	021 361 5122	082 554 7212	Shop 1 Sanlam Centre, Sulami Drive, Site B	7784	PO Box 870, Howard Place	7450	mawisa@netactive.co.za	Yes
Khayelitsha	S Patel	1403249	021 387 1166	021 387 1166		Suite 17, Tembani Shopping Centre	7784	Suite 17, Tembani Shopping Centre, Khayelitsha	7784		Yes
Khayelitsha	SC Ngamlana	1569201	021 387 0070	021 387 0070	082 375 8422	Shop 12, Tembani Shopping Centre	7784	PO Box 60131, Table View	7439		Yes
Khayelitsha	LF Songca	1495968	021 387 3333	021 364 3281	082 658 6872	2 Peach Close, Tembani Village	7784	PO Box 39, Khayelitsha	7779	lfsongca@intekom.co.za	Yes
Langa	S Pillay	1466380	021 695 4203	021 695 4203	076 379 6350	Zone 11, 29 & 30	7455	PO Box 164, Gatesville	7766	selvas@hotmail.co.za	Yes
Langa	COM Setsubi	1494511	021 694 3329	021 694 3389	083 275 2491	27 Business Centre, Washington Road	7455	PO Box 24602, Lansdowne	7779	setsubi@iafrica.com	Yes
Lansdowne	A Loghdey	1427210	021 761 7965	021 761 7192	083 324 7085	530 Lansdowne Road	7780	530 Lansdowne Road, Lansdowne	7780	Loghdey@intekom.co.za	Yes
Lansdowne	AK Lalkhen	1436236	021 761 0474	021 761 0474	082 423 6240	24 Carwell Road	7780	24 Carwell Road, Lansdowne	7780		Yes
Macassar	RG Coombes	110159	021 857 3482	021 857 4829		42 Clifton Street	7130	PO Box 117, Gordons Bay	7151	drsac@mweb.co.za	Yes
Macassar	J Marais	29300	021 857 2906	021 857 4152	083 233 9654	82 Linkave Road	7130	PO Box 309, Somerset Mall	7137		Yes
Mandalay	J Rhoda	169455	021 387 3114	021 387 7477	083 461 8728	Merrydale Shop Centre, Ryan Way	7788	PO Box 53, Firgrove	7130		
Mfuleni	LN Potelwa	1560840	021 909 3240	021 909 6531	082 937 3903	1 Zibeleni Crescent, Mfuleni	7580	PO Box 1003, Somerset West	7129	potelwa@mweb.co.za	Yes
Mitchells Plain	A Sebesteny	1489372	021 392 6141	021 392 5533		Suite 386, Mitchells Plain Medical Centre	7785	PO Box 2416, Durbanville	7551		Yes
Mitchells Plain	AG Khan	1433156	021 376 2964	021 376 2964	082 665 1533	Cnr Alpine & Morgenster Road, Alpine Parks	7785	PO Box 2328, Clareinch	7740	agk@absamail.co.za	Yes
Mitchells Plain	AK Deaney	134732	021 371 9821	021 761 2471	072 403 8406	Hazeldene Medical Centre, Hazeldene Road, Portlands	7785	79 Canal Road, Woodlands Park, Wetton	7780		No
Mitchells Plain	Bhabha & Patel	1493825	021 392 5141	021 391 4276	084 506 1858	Rocklands Shopping Centre	7750	PO Box 7, Mitchells Plain	7789		Yes
Mitchells Plain	F Patel	1493825	021 392 5141	021 391 4276	084 506 1858	1 First Floor, Symphony Walk, Town Centre	7785	PO Box 7, Mitchells Plain	7789	patelbhabha@medad.co.za	Yes
Mitchells Plain	HR Groenewald	1450352	021 392 7903	021 392 6623	082 825 1895	6 Woolworths Arcade, Town Centre	7785	PO Box 53363, Kenilworth	7745		Yes
Mitchells Plain	L Kathan	159018	021 374 2001	021 374 5557		24 Angel Crescent, Woodridge	7798	PO Box 263, Grassy Park	7888		Yes
Mitchells Plain	M Mullajee	1468987	021 371 8186	021 971 8969		Clocktower Centre, Cnr Eisleben & Lavender Road, Lenteguur	7785	PO Box 223, Newlands	7725		Yes
Mitchells Plain	MU Kagee	1564358	021 392 2839	021 391 3770	082 815 2867	Shop 6 Vredehof Building, Harmony Square Town Centre	7785	PO Box 157, Gatesville	7766	mukagee29@yahoo.com	Yes
Mitchells Plain	RE Fredericks	1491709	021 392 1812	021 703 7439	083 664 4993	25 Symphony Walk, Town Centre	7785	PO Box 826, Mitchells Plain	7789	cn450@mweb.co.za	Yes
Mitchells Plain	SA Adam	1457357	021 392 0937	021 392 0924	082 592 2010	52 On Park Avenue, Rocklands	7798	PO Box 636, Caravelle	7783	drsaadam@mweb.co.za	Yes
Mitchells Plain	TH Hayat	1452657	021 397 6158	021 397 6158	072 270 9101	11 Figano Road, Eastridge	7785	PO Box 144, Ottery	7800		Yes
Mitchells Plain	WJ Coetzee	1531301	021 392 6142	021 392 1120	083 658 3223	Room 37 Ground Floor, Medical Centre	7785	PO Box 6070, Welgemoed	7538	Coet@gpnet.net	Yes
Mitchells Plain	Z Desmond	228607	021 392 1820	021 392 1820	082 571 1067	25 Symphony Walk, Second Floor, Town Centre	7785	25 Symphony Walk, Second Floor, Town Centre, Mitchells Plain	7785	zielfred@yahoo.co.uk	

**GENERAL PRACTITIONERS (continued)**

Area	Doctor's name	Practice number	Telephone	Fax	Cell phone	Physical address	Code	Postal address	Code	E-mail	Dispensing licence
Mitchells Plain	ZD Mcconney	226807	021 392 1820	021 392 1820	082 571 1067	25 Symphony Lane, Second Floor, Can Building, Town Centre	7785	25 Symphony Lane, Second Floor, Can Building, Town Centre, Mitchells Plain	7785	ziefred@yahoo.co.uk	
Mitchells Plain	IMS Rawat	1548794	021 374 5012	021 372 0792	082 408 3166	Abeesham Centre, Mitchell Avenue, Woodlands	7785	PO Box 94, Ottery	7785	iqbal@medad.co.za	Yes
Mitchells Plain	SJ Jefftha	1439871	021 371 4162	086 653 5519	083 654 8332	86 Park Avenue, Westridge	7798	PO Box 828, Howard Place	7450	dr-jeftha@yahoo.com	Yes
Mitchells Plain	RJ Jonas	1492349	021 392 5154	021 392 5154		6 Sonata Lane, Town Centre	7785	PO Box 40, Mitchells Plain	7785		
Mitchells Plain	S Maharaj	1545620	021 391 3025	021 391 3025	082 453 5183	Park Avenue, Rocklands	7785	PO Box 662, Caravelle, Mitchells Plain	7798	smaharaj@healthbridge.za.net	Yes
Mowbray	HA Surve	1490516	021 686 9420	021 685 1600	082 627 7055	1 Upper Durban Road	7700	1 Upper Durban Road, Mowbray	7700	hanief@webmail.co.za	Yes
New Cross Roads	NB Mabentsela	1558641	021 386 1312	021 699 1605	082 631 7005	1319 Terminus Road	7740	PO Box 2371, Clareinch	7740	ntobekom@mweb.co.za	Yes
Paarl	GG Hermanus	1428039	021 862 6118	021 862 3577	084 517 6900	91 Klein Drakenstein Road	7646	91 Klein Drakenstein Road, Paarl	7646		Yes
Paarl	JH Viljoen	1413155	021 862 0350	021 862 7852		45 Jan Van Riebeeck Drive	7646	PO Box 66, Huguenot	7645	petro@viamediswitch.co.za	Yes
Ravensmead	A Mitha	1473387	021 932 6631	021 932 6631		37 Northway Street	7193	PO Box 17060, Ravensmead	7504		Yes
Ravensmead	MNR Jaffer	1573276	021 931 3310	021 931 3310		68 Florida Street	7493	12 Third Avenue, Fairways	7800	mnjaffe@iafrica.com	No
Retreat	EL Januari	47406	021 712 7700	021 715 1529	082 658 2059	21 Concert Boulevard	7945	PO Box 371, Retreat	7965	eljanati@wol.co.za	Yes
Saldanha Bay	MR Sunday	1510215	022 714 4415	022 714 4415	076 154 1424	44 Saldanha Way	7395	PO Box 1375, Saldanha Bay	7395	drsonday@telkomsa.net	Yes
Steenberg	GD Hayat	1447785	021 701 2308	021 702 2200	082 064 2321	95 Military Road	7945	PO Box 123, Steenberg	7947		Yes
Stellenbosch	L De Klerk	108065	021 883 8047	021 883 8047	083 381 8031	162 Merriman Avenue, Bergzig Centre	7600	PO Box 3529, Stellenbosch	7602	elamor@samedical.co.za	
Strandfontein	HR Groenewald	1582127	021 393 3138	021 393 4143	082 825 1895	208 Dennegeur Avenue	7798	PO Box 53363, Kenilworth	7745		No
Strandfontein	L Kathan	159018	021 393 3333	021 393 3666		Cnr Waitussi & Seafarer Avenue, Bayview	7798	PO Box 263, Grassy Park	7888		Yes
Strandfontein	RJ Jonas	1444077	021 393 5680	021 393 5680		176 Dennegeur Avenue	7798	176 Dennegeur Avenue, Strandfontein	7798		
Strandfontein	S Mohamed	269034	021 697 0611	021 697 9398	082 494 9883	31 St Helena Street	7798	PO Box 121, Athlone	7760	drsmohamed@inet.co.za	
Vredenburg	JD Blaauw	36994	022 715 1112	022 719 1112		25 Plein Street	7380	PO Box 630, Vredenburg	7380	just-bee@mweb.co.za	Yes
Vredenburg	CE Muller	59587	022 715 1112	022 719 1112	083 383 0845	25 Plein Street	7380	PO Box 630, Vredenburg	7380	just-bee@mweb.co.za	No
Wellington	JP Van Wyk	1421948	021 864 3590	021 864 3638		6 Church Street	7655	6 Church Street, Wellington	7655	jpvanwyk@mweb.co.za	Yes
Woodstock	S Abrahams	1548182	021 448 1757	021 448 1758	072 589 2514	148 Victoria Road	7925	148 Victoria Road, Woodstock	7925		Yes
Wynberg	EJ Evans	1452428	021 797 1445	021 701 2055		24 Kemms Road	7800	24 Kemms Road, Wynberg	7800		No

## SPECIALISTS

Practice number	Discipline	Hospital	Specialist's name	Type	Telephone	Fax
37966	Audiologist/speech therapist	Gatesville Medical Centre	Samiera Tayob	Ancillary	021 637 7055	021 637 3495
8208786	Audiologist/speech therapist	Retreat	Wolhuter V	Ancillary	021 715 3413	021 712 7204
142042	Cardiologist	Bellville Medical Centre	VP Freeman	Specialist	021 948 8131	021 595 0219
193259	Cardiologist	Gatesville Medical Centre	RR Gopal	Specialist	021 699 1720	021 689 1685
2100665	Cardiologist	Gatesville Medical Centre	Thakersee SN	Specialist	021 638 3017	021 638 3026
0074845	Cardiologist	University of Cape Town (UCT)	Okreglicki Andrzej	Specialist	021 404 6084	021 442 1813
2100827	Cardiologist/physician	Gatesville Medical Centre	SM Ismail	Specialist	021 6371240	021 633 4443
223840	Cardiothoracic surgeon	Gatesville Medical Centre	Z Karani	Specialist	021 6331156	0866 162 029
4400348	Cardiothoracic surgeon	Bellville Medical Centre	Kobus Louw	Specialist	021 9461756	021 949 4483
402842	Chiropractor	Durbanville	Bailes BJ	Ancillary	021 975 5957	021 975 0556
8632499	Clinical psychologist	Private Practice Tokai	J Carstens	Specialist	021 712 2921	021 713 1951
8637644	Clinical psychologist	Private Practice Woodstock	S Nair	Specialist	021 447 2427	021 447 2429
295949	Clinical psychologist	Allied Medical Practice	Zahir Valley	Specialist	021 671 1099	021 671 5145
254460	Clinical psychologist	Kuilsriver	S Kakaza	Ancillary	021 906 2393	021 906 2393
1200895	Dermatology	Tygervalley	Jonathan Smith	Specialist	021 914 7676	
1201611	Dermatology	N1 City	Dempers P	Specialist	021 595 1826	021 595 1828
8403961	Dietician	Gatesville, Wynberg	Z Brey	Ancillary	021 762 4805	021 761 1508
8404097	Dietician		Pretorius L Mrs			
8407401	Dietician	UCT/Gatesville Medical Centre/Mitchells Plain	Rawoot A	Ancillary	021 637 3423	021 637 4169
8409870	Dietician	Kromboom Medical Centre	Z Ebrahim	Ancillary	021 696 8789	021 638 4846
106798	Ear, nose & throat (ENT)	Gatesville Medical Centre	Ebrahim S	Specialist	021 637 7772	021 674 3373
150177	ENT	UCT	DE Lubbe	Specialist	021 442 1800	
294373	ENT	Bellville Medical Centre	B Mckenzie	Specialist	021 903 0231	021 903 0244
3000036	ENT	Mitchells Plain Medical Centre	Reyneke (Professor) J	Specialist	021 392 8889	021 903 0245
3001407	ENT	Mitchells Plain Medical Centre	RP Siebert	Specialist	021 391 1167	021 392 5168
3001423	ENT	Bellville Medical Centre	Behr A	Specialist	021 945 1502	021 948 1667
3002020	ENT	Mitchells Plain Medical Centre	JW De Haan	Specialist	021 391 1167	021 392 5168
3002829	ENT	UCT	Fagan Johan Professor	Specialist	021 674 3373	021 442 1813
3003663	ENT	Bellville Medical Centre	Knappe M	Specialist	021 945 3800	021 945 3804
131334	ENT	UCT	OJ Basson	Specialist	021 442 1800	021 442 1813
152382	ENT	Mitchell's Plain Medical Centre	NM Rankhethoa	Specialist	021 391 1167	021 392 5168
152382	ENT	Broad Road Medical Centre	NM Rankhethoa	Specialist	021 762 8591	021 762 5735
157708	ENT	UCT	MA Thandar	Specialist	021 406 6420	021 442 1813
0140001517716	ENT	UCT	Gardiner Ivor	Specialist	021 404 6420	021 442 1813
41181	General surgery	UCT	E Panieri	Specialist	021 442 1800	021 442 1851
41351	General surgery	Bellville Medical Centre	J Perry	Specialist	021 949 1155	021 900 6359
64092	General surgery	UCT/Groote Schuur Hospital	NG Naidoo	Specialist	021 592 6171	021 448 6461
138614	General surgery	Mitchells Plain Medical Centre	W Ddanulira	Specialist	021 392 7147	021 683 0916
155209	General surgery	UCT	Douglas Stupart	Specialist	021 404 3040	021 404 5499
180734	General surgery	Groote Schuur Hospital & UCT	J Shaw	Specialist	082 343 8623	021 785 3364

**SPECIALISTS (continued)**

Practice number	Discipline	Hospital	Specialist's name	Type	Telephone	Fax
248576	General surgery	Life	AS Eyal	Specialist	011 310 4155	011 310 4155
249017	General surgery	Groote Schuur Hospital & UCT	C Troskie	Specialist	021 404 3042	021 404 3042
253243	General surgery	Belville Medical Centre	CN Stanley	Specialist	021 950 8925	021 948 9720
4203119	General surgery	Gatesville Medical Centre	A Ebrahim	Specialist	021 638 6322	
4203356	General surgery	Gatesville Medical Centre	Yakoob Hamid	Specialist	021 633 2574/021 638 5268	021 633 9520
4203429	General surgery	Mitchells Plain Medical Centre	Jonker Mat	Specialist	021 392 3170	021 392 1336
4206312	General surgery	UCT	Krige Professor Jake	Specialist		
4206673	General surgery	UCT	Goldberg Professor Paul	Specialist	021 404 3053	021 442 1813
42015040	General surgery	Karl Bremer Hospital	Trevor K	Specialist	021 900 6540	021 900 6544
42097446	General surgery	UCT	Neil Swart	Specialist	021 404 3352	
420143154	General surgery	UCT	Apostolou Christos	Specialist	021 404 2098	021 442 1813
155551	General surgery	UCT	BA Kavin	Specialist	021 442 1800	082 551 2921
193852	Gynaecology	UCT	MJ Matjila	Specialist	021 404 6020	
1603116	Gynaecology	Belville Medical Centre	VD Poel	Specialist	021 945 3024	021 946 3209
1603906	Gynaecology	Gatesville Medical Centre	MA Davids	Specialist	021 637 1343/4	021 638 2042
1603906	Gynaecology	Gatesville Medical Centre	MA Jeeva	Specialist	021 637 1343/4	021 638 2042
1603906	Gynaecology	Gatesville Medical Centre	MA Jeeva	Specialist	021 637 1343/4	021 638 2042
1608517	Gynaecology	Paarl	AA Carolissen	Specialist	021 872 8956	021 872 8940
1608649	Gynaecology	UCT	T Matinde	Specialist	021 448 6921	
42021	Gynaecology	UCT	Olarogun Femi	Specialist	021 404 2360	021 404 2360
0024252	Midwife nurse	Private	Visser Jenny	Ancillary	021 558 4455/082 508 5842	
2001179	Neurology	Christiaan Barnard Memorial Hospital	Opperman Deon	Specialist	021 423 0899	021 423 2147
143049	Neurology	Gatesville Medical Centre	Ozayr Ameen	Specialist	021 633 8869	021 638 4024
240000149209	Neurosurgery	UCT	Dave Carter	Specialist	021 406 6214	021 442 1813
0240000086622	Neurosurgery	UCT	Welsh David	Specialist	021 406 6213	021 442 1813
269751	Obstetrician & gynaecology	Belville Medical Centre	Lebo Manthata-Cruywagen	Specialist	021 950 8914	021 949 3290
1608630	Obstetrician & gynaecology	Mitchells Plain Medical Centre	Kuda Chimusoro	Specialist	021 391 4297	021 391 4297
1606875	Obstetrician & gynaecology	Mitchells Plain Medical Centre	Greg Khobane	Specialist	021 391 4132/3	021 392 5200
6611915	Occupational therapists	Mitchells Plain Medical Centre	Govender Pam	Ancillary	021 376 7240	021 392 9239
6613780	Occupational therapists	Medugrow, Goodwood	R Van Pletzen	Ancillary	021 591 9194	021 591 5200
6616593	Occupational therapists	UCT	Kruger Lolita	Ancillary	021 442 1855	021 442 1847
	Occupational therapists	Athlone	Cecile Engel	Ancillary	021 691 5478	021 692 0789
108170	Ophthalmology	Gatesville Medical Centre	Saloojee Mohammed	Specialist	021 638 0099	021 699 1708
162078	Ophthalmology	Cape Eye Institute	Greg Paulson	Specialist	021 554 5133	021 554 3049
289604	Ophthalmology	Cape Eye Institute	James Beatty	Specialist	021 591 0111	021 591 0131
2603063	Ophthalmology	Gatesville Medical Centre (rooms in Mitchells Plain)	CGA Abrahamse	Specialist	021 638 4658	021 638 4658
2604493	Ophthalmology	Gatesville Medical Centre	MSY Solwa	Specialist	021 637 6007	021 637 5227
57150	Orthopaedic spine surgeon	Constantiaberg	Robert Dunn	Specialist	021 762 8794	021 762 8796
144185	Orthopaedic surgeon	Vredenburg	Naude Marais	Specialist	022 713 2227	022 713 2252

**SPECIALISTS (continued)**

Practice number	Discipline	Hospital	Specialist's name	Type	Telephone	Fax
219320	Orthopaedic surgeon	Gatesville Medical Centre	H Ahmed	Specialist	021 637 0501	021 637 5637
219320	Orthopaedic surgeon	Mitchells Plain Medical Centre	H Ahmed	Specialist	021 391 3851	021 391 2578
2802562	Orthopaedic surgeon	Mitchells Plain Medical Centre	J Du Toit	Specialist	021 392 9993	021 391 4891
2804158	Orthopaedic surgeon	Belville Medical Centre	Schutte B	Specialist	021 949 0372	021 949 8804
2804891	Orthopaedic surgeon	UCT	Walters Johan Professor	Specialist	021 406 6157	021 447 2709
2806770	Orthopaedic surgeon	Belville Medical Centre	Marais J	Specialist	021 949 7834	021 949 7825
2806924	Orthopaedic surgeon	Gatesville Medical Centre (rooms in Mitchells Plain)	A Ikram	Specialist	021 637 4077	021 637 0035
280148628	Orthopaedic surgeon	UCT	Kruger Nicholas	Specialist	021 442 1966	021 442 1813
317233	Orthopaedic surgeon	UCT	Sithombo Maqungo	Specialist	021 442 1966	0866 922 718
314331	Orthopaedic surgeon	Belville Medical Centre	JP Abner	Specialist	021 949 3453	021 949 3106
8700006580	Orthotist	UCT	Richard Schmidt	Ancillary	021 556 7307	021 557 8900
69655	Paediatrician	Gatesville Medical Centre	IE Karbanee	Specialist	021 633 8869	0866 394 582
127884	Paediatrician	Gatesville Medical Centre/Mitchells Plain	Khan MR	Specialist	021 637 3811	021 637 3815
3201473	Paediatrician	Gatesville Medical Centre	M Omar	Specialist	021 699 1321	021 699 1321
3202127	Paediatrician	Mitchells Plain Medical Centre	Laubscher EJ	Specialist	021 392 6177	021 392 5168
3202135	Paediatrician	Belville Medical Centre	McGIVEN A	Specialist	021 946 1735	021 948 1667
3204227	Paediatrician	Mitchells Plain Medical Centre	OFAS Adams	Specialist	021 391 4967	021 391 3137
3205045	Paediatrician	Belville Medical Centre	Weber H	Specialist	021 949 1450	021 946 4424
244783	Physician	UCT	Zunaid Barday	Specialist	021 447 1966	086 6724277
1547976	Physician	UCT	Mayosi Bongani	Specialist	021 404 6084	021 442 1813
1803166	Physician	Belville Medical Centre	Franco M	Specialist	021 948 2358	021 948 7361
1805916	Physician	Belville Medical Centre	Mts Zeeman	Specialist	021 948 3132	021 945 4174
1806440	Physician	Gatesville Medical Centre & Broad Road Medical Centre	Rajpaul S	Specialist	021 637 5644	021 762 9251
1807331	Physician	UCT	Willcox Paul Professor	Specialist	021 404 4432/4360	021 442 1813
1807862	Physician	UCT	Ress Stan Professor	Specialist	021 442 1800/ 021 406 6201	021 442 1813
1807994	Physician	Mitchells Plain Medical Centre	RI Samson	Specialist	021 391 2020	021 391 4919
1811045	Physician	Mitchells Plain Medical Centre	Danso E	Specialist	021 392 6136	021 392 0119
3203875	Physician	UCT	Bonnici Francois Professor	Specialist	021 404 5007	021 448 6815
304387	Physician	Belville Medical Centre	GR Roelofse	Specialist	021 949 8592	021 949 8656
1804359	Physician & endocrinologist	249 Main Road, Claremont	Hilton Kaplan	Specialist	021 674 2086	021 683 5790
185310	Physician/gastroenterologist	UCT	David Epstein	Specialist	021 442 1996	
158283	Physician/gastroenterologist	UCT	DA Levin	Specialist	021 404 3060	
6801544	Podiatrist	UCT	Erchen Mike	Ancillary	021 442 1800/021 557 4606	021 556 1143
210587	Psychiatry	Mitchells Plain/Belville Medical Centre	Anne Nakyagaba	Specialist	021 392 7147	021 948 2249
2202425	Psychiatry	Kenilworth Clinic	George Chris	Specialist	021 671 7172	021 671 6928
2202832	Psychiatry	Milnerton Mediclinic & Crescent Clinic	DB Chait	Specialist	021 551 8660	021 551 8669
2205610	Psychiatry	Kenilworth Clinic	Ragsdale KE	Specialist	021 683 7200	
2205815	Psychiatry	Kenilworth Clinic	Czech Konrad	Specialist	021 683 7200	021 683 7201

**SPECIALISTS (continued)**

Practice number	Discipline	Hospital	Specialist's name	Type	Telephone	Fax
293962	Psychiatry	Gatesville Medical Centre	Khalid Dhansay	Specialist	021 637 8100	0865 154 885
27952	Psychology	Retreat	Glyde Thompson	Ancillary	021 715 6756	021 713 0726
203505	Psychology	Retreat	Angela Cotterell	Ancillary	021 715 6756	021 713 0726
8616388	Psychology	Elsies River	Weyers Kobus	Specialist	021 902 0013/4	021 855 1164
8631697	Psychology	Crescent Clinic	J Plank	Specialist	021 761 1188	021 761 1188
8640181	Psychology	Belville Medical Centre	Andre Pieterse	Specialist	021 949 5198	021 949 4985
8645841	Psychology	Retreat	Boon Mia	Specialist	021 715 6756	021 713 0726
86107557	Psychology	Mitchells Plain Medical Centre	Van Der Westhuizen Johan	Specialist	021 391 3145	021 391 7829
86144606	Psychology	William Slater	Alexander Debbie	Specialist	021 689 8221	021 426 2147
123641	Psychology nurse	Private	Damons Zaida	Ancillary	021 685 5116	021 689 1343
2202425	Psychology	Crescent Clinic	GCW George	Specialist		
8625972	Psychology	Kenilworth Clinic	Campbell Jerome	Specialist	021 637 9157	
1523902	Psychology for substance abuse	Kenilworth Clinic	Meyer Rodger	Specialist	021 763 4500	021 763 4558
1700154	Pulmonologist/Physician	Gatesville Medical Centre	Bruning AHH Incorporated	Specialist	021 638 5158	021 638 2962
1700340	Pulmonologist/Physician	Gatesville Medical Centre	I Abdullah	Specialist	021 633 4680	021 633 4672
129968	Radiologist	UCT	Benningfield & Associates	Specialist	021 442 1825	021 442 1813
3802159	Radiologist	Mitchells Plain Medical Centre	H Movsowitz	Specialist	021 392 7167	021 392 0938
3803325	Radiologist	Gatesville Medical Centre	PCG Morton	Specialist	021 637 8121	021 637 9608
97993	Rheumatology	Gatesville Medical Centre	EM Bhattay	Specialist	021 686 3000	021 686 3000
470010053864	Social worker	South African National Council on Alcoholism and Drug Dependence (SANCA)	Fortuin Ruth	Ancillary	021 930 6086/021 945 4080	021 945 4082
890000162175	Social worker	UCT	Schultz Peter	Ancillary		021 788 6498
165476	Urology	UCT Private Academic Hospital	A Van Der Merwe	Specialist	021 406 6529	021 406 6122
224693	Urology	Gatesville Medical Centre	NA Aziz	Specialist	021 638 0350	021 633 9520
460092	Urology	Gatesville Medical Centre	Kirsten Peter	Specialist	021 637 8100 x 251	021 637 8111
4601289	Urology	Belville Medical Centre	Van Niekerk Loch	Specialist	021 948 6023	021 949 0747
4601823	Urology	UCT	Barnes Dick	Specialist	021 406 6529	021 406 6122
4601904	Urology	UCT	Pontin Allen	Specialist	021 406 6529	021 406 6122

## DENTISTS

Area	Doctor's name	Practice number	Telephone	Fax	Cell phone	Physical address	Code	Postal Address	Code	E-mail
Athlone	MI Mayet	5424275	021 696 0046	021 697 2242		32 Aden Avenue	7764	PO Box 207, Gatesville	7766	
Athlone	AG Levendal	5436168	021 633 6091	021 633 6091	082 453 8910	5 Thornton Road	7794	PO Box 296, Kasselsvlei	7533	alevendal@uwc.ac.za
Athlone	AG Levendal	5436168	021 633 6091	021 633 6091		Cnr Cornflower Road & Kalkoen Road, Bridgetown	7760	PO Box 296, Kasselsvlei	7533	alevendal@uwc.ac.za
Athlone	Ebrahim Jacob Karjiker	5421470	021 697 1401	021 696 5158		6 - 8 Findon Street	7764	PO Box 65, Athlone	7760	
Athlone	SM Coovadia	115045	021 696 0817	021 696 0817	082 896 3718	21 Church Street, Ashmed Medi Centre	7764	PO Box 361, Athlone	7760	
Atlantis	E Variawa	5423562	021 572 6552	021 572 6552	082 336 1500	101 Wesfleur Town Centre, Wesfleur Circle	7349	PO Box 187, Woodstock	7915	evar@mweb.co.za
Atlantis	Abrahams	67954	021 572 6802	021 572 6802				PO Box 18422, Wynberg	7824	noorsalie@qedl.co.za
Atlantis	I Abrahams	5452414	021 572 6802	021 572 6822	082 449 6652	Shop 3, Wesfleur Circle	7349	Private Bag X1, Post Netsuite, Melkbosstrand	7437	atlantis@medi.co.za
Belhar	AK Bassier	5440300	021 952 9733	021 952 3680	083 793 3123	Airport Shopping Centre Shop 58, Belhar Drive	7493	Medical Suite Park City, Belhar Drive, Belhar	7490	akb@iafrica.com
Belhar	RKK Morar	5418283	021 952 1480	021 697 3109		48 Amandel Road	7491	PO Box 39095, Crawford	7770	ramreem@mweb.co.za
Belville	DB Wingrin & IJ Kesler	5407338	021 948 5553/4	021 945 2311		First Floor Meds Centre, 26 Durban Road	7530	PO Box 535, Belville	7535	kessler12@telkomsa.net
Belville	JA Inglis	5449227	021 949 4014	021 949 4014		7 Louis Square, Voortrekker Road	7535	PO Box 441, Eerste River	7103	
Belville	SAE Chikte	5430003	021 592 6605	021 945 1644		5 Strand Street, Belgravia Court	7500	PO Box 88, Matroosfontein	7490	sachikte@iafrica.com
Bellville South	MC Roomaney & Partners	5421640	021 951 3491	021 392 1631	084 696 1777	8 Kasselsvlei Road	7530	Shop 43, Mitchells Plain Private Hospital, Mitchells Plain	7785	
Blue Downs	Manogari Chetty	5438039	021 909 5450	021 909 5888		192 Blue Downs Way, Tuscany Glen	7100	PO Box 12637, Die Boord, Stellenbosch	7613	manogari@iafrica.com
Blue Downs	B Kurien	9571	021 909 2511	021 909 2511	082 339 1504	50 Blue Downs Way, Hillcrest	7100	PO Box 47, Eerste River	7103	kurienbobby@yahoo.com
Bonteheuwel	VH Davids	5437415	021 694 6735	021 694 6735	083 633 4929	Room 10, Bonteheuwel Town Centre	7764	PO Box 259, Gatesville	7764	
Cape Town	P Edros	282618	021 461 6614	021 461 0296	082 356 7959	Fourth Floor Church Square House, 5 Spin Street	8001	PO Box 322, Gatesville	7764	spidental@iburst.co.za
Cape Town	E Variawa	5423562	021 461 6614	021 461 0296	082 336 1500	Fourth Floor Church Square House, 5 Spin Street	8001	PO Box 187, Woodstock	7915	evar@mweb.co.za
Cape Town	MS Adams	46701	021 423 5510	021 423 4619		90 Church Street, Christiaan Barnard Memorial Hospital	8001	8 August Street, Schotcheskloof	8001	
Cape Town	M Kolevsohn	5403456	021 461 3600	021 461 3600		169 Buitenkant Street	8001	169 Buitenkant Street, Cape Town	8001	kolev@iafrica.com
Cape Town	AA Mia	5439647	021 421 7886	021 421 8711	083 293 3786	Shop 11, Cape Town Station	8000	22 Bodali Avenue, Rylands Estate	7764	drmia@telkomsa.net
Charlesville	Rabindra Laloo	5446074	021 934 0765	021 934 3703		Shop 19E Metlife Centre, Valhalla Drive	7494	PO Box 38415, Gatesville	7764	
Cravenby Estate	Bashirodin Essop Mowzer	5448336	021 952 8608	021 952 4365	084 505 7861	Cnr Mowzers Building, 2 York Street	7508	Belhar Medical Centre, Suite 6 Belhar Drive, Belhar	7490	
Delft	N Kathrada	73644	021 954 3102	021 954 3090		269 Delft Main Road		PO Box 2180, Cape Town	8000	nkatz@ananzi.co.za
Eerste River	MI Saithe	5444500	021 904 0556	021 904 2677	083 786 9054	2 Gordon Road	7100	PO Box 441, Eerste River	7100	saith@iafrica.com
Elsies River	MA Vanmali	5439949	021 932 4411	021 932 4411	082 321 9888	Cnr Twenty-eighth Avenue & Halt Road, Hashims Centre	7490	PO Box 280, Athlone	7760	lsignvan@iafrica.com
Elsies River	J & E Sylvester	254630	021 932 5421	021 931 2108	072 052 2205	369 Halt Road	7490	369 Halt Road, Elsies River	7490	
Gatesville	I Allie	5425727	021 637 4978	021 637 1634		2 Rawoot Centre, Cnr Klipfontein & Hazel Road	7764	PO Box 73, Gatesville	7766	
Gatesville	MI Allie	103764	021 694 3408	021 694 3408	082 480 5471	30 Habibia Road, Hatton Estate	7764	PO Box 31, Gatesville	7766	mohammedallie@hotmail.com
Gatesville	RKK Morar	163627	021 633 5562	021 633 5562	082 786 8060	Cnr Clinic Road, Gatesville Medical Centre	7766	PO Box 94, Gatesville	7766	sham_darsot@mweb.co.za
Goodwood	SAE Chikte	5430003	021 945 2055	021 945 1644		Cnr Voortrekker Road & Hugo Street, Knobbs Building	7468	PO Box 88, Matroosfontein	7490	sachikte@iafrica.com
Grassy Park	MR Hoosain	93718	021 706 2238	021 706 2238		40 Fifth Avenue	7941	PO Box 24489, Lansdowne	7779	r.hoosain@xsinet.co.za
Grassy Park	Mogamat Nasiegh Khan	5451493	021 705 8489	021 706 8275		Ameers Medi-Centre, 72 Klip Road	7941	Ameers Medi-Centre, 72 Klip Road, Grassy Park	7941	
Guguletu	Noxolo Tshwaku	5452848	021 637 3945	021 637 3945		Shop 4 Eyona, Emms Drive	7455	PO Box 636, Howard Place, Pinelands	7450	
Guguletu	TN Dlodlo	293059	021 637 3557	021 465 4074	073 578 4479	NY1 1156	7750	NY12 60 Gugulethu	7750	thumela@webmail.co.za

**DENTISTS (continued)**

Area	Doctor's name	Practice number	Telephone	Fax	Cell phone	Physical address	Code	Postal address	Code	E-mail
Hanover Park	MA Gool	5442834	021 691 2668	021 691 2668		Shop 4 Nazli Centre, Cnr Surran & Stonelands Road	7780	PO Box 24377, Lansdowne	7779	
Heiderand	CD Stander & Associates	231029	044 693 1351	044 693 3337	078 102 2771	Cnr Melkhout & Fourie Road	6511	PO Box 11578, Heiderand	6511	
Heideveld	Elias Parker	5432855	021 637 4510	021 637 4510		Heideveld Town Centre, Cnr Heideveld & Ascension Road	7766	PO Box 391, Gatesville	7766	
Hout Bay	A Mohamed	219746	021 790 5828	021 906 0380	082 550 3490	30 Marlin Crescent, Harbour Heights	7806	PO Box 872, Westridge	7802	alliemohamed@webmail.co.za
Huguenot	Drs E Abdurahman & MS Jamie	5453062	021 862 5242	021 862 1798	082 498 0840	Cnr Klein Drakenstein & Maasdorp Roads	7646	PO Box 2542, Paarl	7620	eshaam@adept.co.za
Khayelitsha	IDJ Moolla	5427037	021 387 3310	021 387 3310	082 387 3310	Shop 16A, Tembani Shopping Centre	7784	PO Box 19516, Lentegeur	7786	
Khayelitsha	C Bayat	153133	021 361 5944	021 361 5943	084 406 8529	Khayelitsha Station Medical Centre, Cnr Kwezi Crescent & Ntlazane Road	7784	96 Belverdere Road, Claremont	7780	
Khayelitsha	JV Mkhonza	5452228	021 361 4295	021 361 4295	082 774 0664	First Floor Kwa-Maglasane, Sulani Drive	7783	PO Box 33, Nonqubela	7793	
Khayelitsha	AD Nkotoe	5454050	021 362 4129	021 362 1057		19179 Mandela Park	7784	19179 Mandela Park, Khayelitsha	7784	
Kraaifontein	AG Levendal	5436168	021 988 5101	021 633 6091		250 Voortrekker Road	7760	PO Box 296, Kasselsvlei	7533	alevendal@uwc.ac.za
Kuilsriver	A Mohamed	219746	021 906 0380	021 906 0380	082 550 3490	1 Wenioc Street, Sarepta	7580	PO Box 872, Westridge	7802	alliemohamed@webmail.co.za
Langa	K Mama	5442028	021 694 5741	021 694 5741		Shop 4, Washington Street	7455	PO Box 301, Langa	7455	dentalmama@worldonline.co.za
Lotus River	Abdullah Sadick Parak	5441145	021 703 6078	021 685 1368		Shop 1, Hector Avenue	7945	PO Box 46986, Glosderry	7702	
Macassar	Kiran Naran	5455170	021 857 4744	021 857 4829	083 302 5145	42 Clifton Street	7130	PO Box 38357, Gatesville	7760	kirannaran@hotmail.com
Malmesbury	R Vermeulen	5427118	022 482 1228	022 482 2339	083 478 9616	15 Duthie Street	7300	15 Duthie Street, Malmesbury	7300	drvvermeulen@exact-net.com
Manenberg	Shihaam Rylands	5444535	021 691 0180/1	021 691 0180	084 599 6912	Shop 1A, Cnr The Downs & Manenberg Avenue	7764	PO Box 38367, Gatesville	7764	arylands@tellumat.com
Mitchells Plain	MC Roomaney & Partners	5421640	021 392 8130	021 392 1631	084 696 1777	Shop 43, Mitchells Plain Private Hospital	7785	Shop 43, Mitchells Plain Private Hospital, Mitchells Plain	7785	
Mitchells Plain	MC Roomaney & Partners	5421640	021 396 2203	021 392 1631	084 696 1777	Suite 1, Promenade Medical Centre	7785	Shop 43, Mitchells Plain Private Hospital, Mitchells Plain	7785	
Mitchells Plain	Drs FC Patel & YA Omar	5422647	021 392 2680	021 391 1090	083 786 9591	Room 25 Second Floor, Markhams Building	7785	PO Box 90, Town Centre, Mitchells Plain	7785	
Mitchells Plain	A Mahatey	5429773	021 392 6745	021 392 8027	083 556 6745	Shop 15, Rocklands Shopping Centre	7789	PO Box 602, Caravelle, Mitchells Plain	7787	anver@netactive.co.za
Mitchells Plain	Yusuf Vallie	5439523	021 392 7770	021 392 7770		3B Minuet Lane	7780	PO Box 266, Town Centre, Mitchells Plain	7789	
Mitchells Plain	MS Salie	5455200	021 391 4185	021 391 1610	083 233 8614	Shop 7 Westridge Shopping Centre	7785	PO Box 52009, Waterfront	8002	
Mitchells Plain	MS Adams	46701	021 376 7874	021 854 6454		Shop 21, Morgenster Shopping Centre	7785	8 August Street, Schotchkloof	8001	
Mitchells Plain	Ebrahim Jacob Karjiker	5421470	021 371 2300	021 371 2300		25 Silversands Avenue, Portlands	7785	PO Box 65, Athlone	7787	
Mitchells Plain	AG Dalvie	5425336	021 918 1614	021 949 8153	072 398 9615	Cnr Katjiepiering & Kreupelhout Street, Lentegeur	7785	PO Box 39054, Lansdowne	7779	adalvie@telkomsa.net
Mitchells Plain	RS Pepper	5416531	021 392 3010	021 392 4525	082 779 4862	Shop 9 & 10, First Floor Shoprite Building, Westridge	7785	PO Box 765, Westridge	7802	pepper@exact-net.com
Mitchells Plain	Ahmed Rawoot	5427207	021 374 3293	021 931 4876	082 454 7060	Shop 2 Lentegeur Shopping Centre, Melkbos Street, Lentegeur	7504	PO Box 17036, Ravensmead	7504	
Mitchells Plain	AR Adams	5454328	021 371 9756	021 371 9756	083 345 3754	Shop 3 New Woodlands Shopping Centre, Hans Aschenborn Street	7785	PO Box 22279, Fish Hoek	7974	
Montague Gardens	ET Okonski	169323	021 551 1213	021 551 1239	073 298 6666	2C John Montague Centre, 19 Montague Drive	7441	2C John Montague Centre, 19 Montague Drive, Montague Gardens	7441	ewaokonski@yahoo.com
Mooreesburg	AE Lindner	5427657	022 433 1832	022 433 3911		7 Piet Retief Street	7310	PO Box 316, Moorreesburg	7310	dentallinder@waccess.co.za
Mossel Bay	DJ Malan & Kamfer	5430119	044 693 2213	044 693 2213	082 773 9151	7 Roman Street	6500	PO Box 11392, Heiderand	6511	
Mowbray	JF Grobbelaar	5421233	021 685 7038	021 686 8232	083 300 9476	55 Main Road	7700	55 Main Road, Mowbray	7700	francois@techtonic.co.za
Mowbray	F Kimmie	139203	021 686 0600	021 686 0601	084 657 8496	34 Main Road	7700	PO Box 13893, Mowbray	7705	kdhansay@yahoo.com
Nyanga	XP Msingisane	281662	021 691 3426	021 691 3426	072 794 4924	Shop 43, Nyanga Junction, Duinefontein Road	7704	Shop 43, Nyanga Junction, Duinefontein Road, Nyanga	7704	luchwayiile@yahoo.com
Nyanga	Vuyiswa Skiti	152293	021 691 3426	021 691 3426	072 820 8073	Shop 3, Nyanga Junction Complex, Duinefontein Road	7946	PO Box 518, Kraaifontein	7569	vskiti@webmail.co.za
Nyanga East	Abdullah Sadick Parak	5441145	021 685 1368	021 685 1368		Nyanga Medical Centre, Sithandathu Road	7455	PO Box 46986, Glosderry	7702	

**DENTISTS (continued)**

Area	Doctor's name	Practice number	Telephone	Fax	Cell phone	Physical address	Code	Postal address	Code	E-mail
Ottery	E Fakir	263893	021 703 9151	021 696 1474	073 193 7903	280 Ottery Road	7800	37 Clive Road, Rondebosch East	7780	efakir@uwc.ac.za
Parow Valley	GA Sablay	5435862	021 933 1234	021 931 1283	082 923 4605	110 Market Street	7500	PO Box 38065, Gatesville	7766	goeljar@absamail.co.za
Parow Valley	Mary-Rose Lekay-Adams	91898	021 933 4545	021 933 4546	082 940 1601	13 Mark Street	7500	PO Box 734, Kasselsvlei	7537	
Penlyn Estate	S Bhikha	5422981	021 692 1212	021 692 1214		Bedgro Centre	7764	PO Box 424, Gatesville	7766	ansulai@iafrica.com
Plattekloof	RD Braaf	194409	021 904 2151	021 930 9380	082 747 8410	73 Keurboom Crescent	7500	PO Box 15895, Panorama	7506	rogerbza@mweb.co.za
Queenstown	SH Sive	5452112	045 838 2087	045 838 6145		20 Ebden Street	5320	PO Box 401, Queenstown	5320	drshsive@exact-net.com
Ravensmead	Hanief Ahmed	5445248	021 933 1248	021 933 5852	083 786 2784	166 Christaan Street	7490	PO Box 711, Elsies River	7480	hahmed@mweb.co.za
Retreat	JA Inglis	5449227	021 715 6955	021 712 4480		133 Retreat Road	7945	PO Box 441, Eerste River	7103	
Retreat	H Brey	5425557	021 712 0677	021 712 0677	083 430 1079	Cnr Second Avenue & Retreat Road	7965	PO Box 26, Retreat	7965	hbrey@eject.co.za
Rondebosch East	JA Inglis	5449227	021 696 8575	021 696 4096	083 786 9193	Cnr Kromboom & Third Avenue	7780	PO Box 441, Eerste River	7103	
Rondebosch East	S Khan	72575	021 696 9428	082 971 1111		6 Kromboom Medicentre	7780	PO Box 38288, Gatesville	7766	drskhan@exact-net.com
Saldanha	Engels L Dr	5430143	022 714 3347	022 714 3347		73 Main Street	7395	73 Main Street, Saldanha	7395	
Saldanha	Cyril Engel	5453054	022 714 4520	022 714 4520		66 Saldanha Road	7395	66 Saldanha Road, Saldanha	7395	drengel@worldonline.co.za
Sherwood Park	Saadika B Khan	5446864	021 692 3936	021 692 3936		George Street	7764	PO Box 38498, Gatesville	7766	
Somerset West	RC Malherbe	5404193	021 852 1493	021 852 1493		101 Victoria Centre, Victoria Street	7130	PO Box 41, Somerset West	7129	
Steenberg	H Brey	5425557	021 701 6667	021 712 0677	083 430 1079	9 Military Road	7945	PO Box 26, Retreat	7965	hbrey@eject.co.za
Strand	MS Adams	46701	021 853 8846	021 854 6454		108 Lower Gordons Bay Road	7140	8 August Street, Schotchkloof	8001	
Strandfontein	N Moses	5444349	021 393 6006	021 393 1652		4 Casino Way	7798	PO Box 24621, Lansdowne	7779	nmoses@telkomsa.net
Strandfontein	H Kathree	5442265	021 393 1652	021 393 1652		4 Casino Road	7798	4 Casino Road, Strandfontein	7798	nmoses@medschemeclub.co.za
Strandfontein	T Naidoo	5448751	021 393 2168	021 715 7220	082 415 2941	215A Dennegeur Avenue	7798	PO Box 31349, Tokai	7966	
Summer Greens	Hafiza Akoodie	5454743	021 551 7557	086 624 2944	083 786 7557	4 Summer Greens Drive	7441	PO Box 38393, Gatesville	7766	hakookie@absamail.co.za
Tulbagh	JNL Redlinghuys	5431751	023 230 0284	023 230 0284	082 876 4774	57 Van Der Stel Street	6820	PO Box 130, Tulbagh	6820	jredling@mweb.co.za
Vredenburg	Christiaans	5436885	022 713 3101	022 713 3102		19 Lang Street	7380	Posbus 469, Vredenburg	7380	retepwc@mweb.co.za
Vredenburg	Cyril Engel	5453054	022 714 4520	022 714 4520		24 Plein Street, Lady Bird Centre	7380	24 Plein Street, Lady Bird Centre, Vredenburg	7380	drengel@worldonline.co.za
Woodstock	Nurahh Isaacs	220280	021 448 0334	021 448 0334	083 943 5233	Shop 1 Cnr Aberdeen & Victoria Road	7925	112 Surrey Street, Goodwood	7460	victorianforplace@gmail.com
Worcester	Kevin Smith	5435064	023 347 3517	023 347 3530		81 Durban Street	6850	PO Box 2351, Parkersdam, Worcester	6861	kgs@intekom.co.za
Wynberg	Gameed Fortune	5442524	021 762 9813	021 762 4110	082 365 4749	Cnr Perth & Brisbane Road	7800	PO Box 19067, Wynberg	7824	gameed@mweb.co.za
Wynberg	Rezah Allie	5454883	021 797 1290	021 797 1290	083 564 8245	52 Main Road	7800	PO Box 12715, N1 City, Parow	7463	rezah.allie@absamail.co.za

## HOSPITALS

Practice number	Hospital	Type	Location	Private or State	Hospital telephone number	Case manager	Case manager telephone number
5802881	Bellville Medical Centre	General	Bellville	Private	021 948 8131		
99031	Booth Memorial Hospital	General	Oranjezicht	State	021 465 4846	Moira Osbourne	021 465 4846
5709083	Cape Eye Institute	General	Bellville	Private	021 948 8884	Christina	021 948 8884
5500184	Crescent Clinic	Psychiatry	Kenilworth	Private	021 762 7666	Charlene Jacobs	021 762 7666
5808103	Gatesville Hospital	General	Gatesville	Private	021 637 8100/021 699 0950	Fareeda Esau	021 699 0950
5600294	Groote Schuur Hospital	General	Observatory	State	021 404 9111	Selwyn Cloete	021 404 3464
5600324	Karl Bremer Hospital	General	Parow	State	021 918 1911	Sister Smith	021 918 1315
5500117	Kenilworth Clinic	Psychiatry	Kenilworth	Private	021 763 4500	Yasmine Adam	021 763 4533
5807948	Mitchells Plain Hospital	General	Mitchells Plain	Private	021 392 3126	Miriam or Roy	021 392 3126
5600456	Mowbray Maternity Hospital	General	Mowbray	State	021 685 3026	Portia Loff	021 659 5990
5600553	Red Cross Children's Hospital	General	Rondebosch	State	021 658 5111	Rose Sutcliffe	021 658 5032
5600634	Somerset Hospital	General	Green Point	State	021 402 6911	Nadine or Alexander	021 402 6495
5602181	Tygerberg Hospital	General	Parow	State	021 938 4911	Sister Gopel	021 938 5187
71730	UCT Private Hospital	General	Observatory	Private	021 442 1800	Frans Vorster	021 442 1902
5808979	West Coast Private Hospital	General	Vredenburg	Private	022 719 1030		